



CORONAVIRUS (COVID-19) DAILY WELLNESS CHECK

Based on guidance from the CDC, employees should consider these questions each day before coming to campus:

- Do you have a fever (temperature over 100.4° F or 38° C) without having taken any fever-reducing medications?
- Do you have a loss of smell or taste?
- Do you have a cough?
- Do you have muscle aches?
- Do you have a sore throat?
- Do you have shortness of breath?
- Do you have chills?
- Do you have a headache?
- Have you experienced any gastrointestinal symptoms such as nausea, vomiting, diarrhea, or loss of appetite?
- Have you, or anyone you have been in close contact with, been diagnosed with COVID-19 or placed in quarantine for possible exposure to COVID-19?
- Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?

If you reply YES to any of the questions in the checklist, stay home.

If you begin to feel ill while at work, you should immediately go home. If possible, avoid all public transportation, ridesharing, or taxis. See the “If You Get Sick” section of the Campus Guidelines page (mga.edu/covidguidelines) for more information on the steps you should take. You will be expected to leave campus and self-isolate until all appropriate criteria for your return are met.