

First Aid For Stopped Breathing Quiz

- 1. When someone stops breathing, you have to act quickly to prevent death or brain damage.**
 - a. True b. False

- 2. If you're prepared to provide mouth-to-mouth resuscitation, you don't need to call for medical help.**
 - a. True b. False

- 3. To determine if someone is breathing, you first:**
 - a. Place your hand on the person's heart
 - b. Tap the person and ask, "Are you OK?"
 - c. Place your ear on the person's mouth

- 4. For mouth-to-mouth resuscitation, the victim should be:**
 - a. Lying on his or her side
 - b. Sitting up
 - c. Lying on his or her back

- 5. You tilt the victim's head back and lift the chin in order to:**
 - a. Open the airway
 - b. Check for breathing
 - c. Prepare the victim for medical professionals

- 6. Before you start to blow into the victim's mouth, you pinch his or her nose.**
 - a. True b. False

- 7. When you give artificial respiration, you blow into the victim's mouth:**
 - a. Every 30 seconds
 - b. Every 15 seconds
 - c. Every 5 seconds

- 8. It's safe to move a person who's not breathing to another area while you wait for medical help.**
 - a. True b. False

- 9. You breathe into a child's mouth at the same pace you do an adult's.**
 - a. True b. False

- 10. If in doubt about how to help a person who's not breathing, you should:**
 - a. Try to practice CPR
 - b. Call immediately for medical help and wait for its arrival
 - c. Call your boss