Pinch Points Quiz

1. Machine pinch points are places where a hand or other body part can get caught:
   a. Between moving machine parts
   b. Between moving parts and materials being processed
   c. Both a and b

2. A common source of pinch point injuries is getting part of your body caught:
   a. On a saw blade or knife
   b. Between containers during moving or unloading
   c. Between locks and the controls they’re locking out

3. Slamming your fingers in a door is considered a pinch point injury.
   a. True b. False

4. You can disable, but not remove, a machine guard that’s in your way.
   a. True b. False

5. When a machine jams or material gets stuck in it, you should:
   a. Reach in and fix the problem
   b. Fix the problem only after the machine is turned off
   c. Fix the problem only after the machine is turned off and properly locked/tagged out

6. To avoid pinch point injuries while moving containers or equipment:
   a. Get help or use material handling aids
   b. Avoid wearing rings or other jewelry
   c. Both a and b

7. When placing a heavy item into position, one way to avoid pinch point injuries is to:
   a. Drop it into place
   b. Slide it into place
   c. Push it into place with your foot

8. Only heavy or powered equipment can cause pinch point injuries.
   a. True b. False

9. Looking for possible pinch points before starting a job is one way to avoid injury:
   a. True b. False

10. One of the simplest ways to prevent pinch point injuries is to:
    a. Wear heavy PPE at all times
    b. Perform tasks as quickly as possible
    c. Give each task full attention and concentration