

## Pinch Points Quiz

- 1. Machine pinch points are places where a hand or other body part can get caught:**
  - a. Between moving machine parts
  - b. Between moving parts and materials being processed
  - c. Both a and b
  
- 2. A common source of pinch point injuries is getting part of your body caught:**
  - a. On a saw blade or knife
  - b. Between containers during moving or unloading
  - c. Between locks and the controls they're locking out
  
- 3. Slamming your fingers in a door is considered a pinch point injury.**
  - a. True b. False
  
- 4. You can disable, but not remove, a machine guard that's in your way.**
  - a. True b. False
  
- 5. When a machine jams or material gets stuck in it, you should:**
  - a. Reach in and fix the problem
  - b. Fix the problem only after the machine is turned off
  - c. Fix the problem only after the machine is turned off and properly locked/ tagged out
  
- 6. To avoid pinch point injuries while moving containers or equipment:**
  - a. Get help or use material handling aids
  - b. Avoid wearing rings or other jewelry
  - c. Both a and b
  
- 7. When placing a heavy item into position, one way to avoid pinch point injuries is to:**
  - a. Drop it into place
  - b. Slide it into place
  - c. Push it into place with your foot
  
- 8. Only heavy or powered equipment can cause pinch point injuries.**
  - a. True b. False
  
- 9. Looking for possible pinch points before starting a job is one way to avoid injury:**
  - a. True b. False
  
- 10. One of the simplest ways to prevent pinch point injuries is to:**
  - a. Wear heavy PPE at all times
  - b. Perform tasks as quickly as possible
  - c. Give each task full attention and concentration