Hand Protection Quiz

1. Which parts of your hands are most vulnerable to injury on the job?
   a. Bones and skin.
   b. Muscles, ligaments, and tendons.
   c. All parts of the hand can be injured on the job.

2. The skin on your hands can be affected by dermatitis, caused by contact with:
   a. Metal
   b. Chemicals
   c. Hot objects

3. Even a minor cut or puncture should receive medical attention in order to avoid:
   a. Carpal tunnel syndrome
   b. Bone fractures
   c. Infection

4. The “point of operation” of a machine or power tool is:
   a. The place on the machine or tool where the work actually takes place
   b. The location in the work area where you are using the machine or tool
   c. A sharp, pointed object that protrudes from the machine or tool

5. Under what circumstances might wearing gloves actually increase a hazard rather than offering protection?
   a. Working with chemicals
   b. Cleaning up broken glass
   c. Working around machinery with moving parts

6. If a machine or tool appears to be defective or is missing a guard device, you should:
   a. Not use the machine or tool, and report the defect to a supervisor.
   b. Go ahead and use it as long as you are careful.
   c. Try to repair it as best you can.

7. What should NOT be worn when working around machinery?
   a. Jewelry such as watches and bracelets
   b. Loose clothing or long flowing sleeves
   c. Both “a” and “b.”

8. Which kind of glove is best when working with hazardous chemicals?
   a. Metal mesh
   b. Cotton
   c. Rubber

9. Exercises and proper grip are ways to prevent what kind of hand injury?
   a. Puncture wounds
   b. Repetitive motion disorders
   c. Burns from fire or chemicals

10. Heavy leather gloves provide protection from what type of hand injury?
    a. Cuts, punctures, and abrasions
    b. Dermatitis
    c. Repetitive motion disorder