Hearing Protection Quiz

1. Loud noise can permanently damage hearing.
   a. True b. False

2. OSHA requires employers to have Hearing Conservation Plans if 8-hour time-weighted average noise exposures are:
   a. 1000 decibels or more
   b. 105 decibels or more
   c. 85 decibels or more

3. Hearing Conservation Plans must include:
   a. Monitoring workplace noise and testing employee hearing
   b. Removing all noisy equipment from the workplace
   c. Training employees to test their own hearing

4. Employers may try to reduce workplace noise by:
   a. Replacing worn or loose machine parts
   b. Installing sound barriers around noisy equipment
   c. Both a and b

5. Cotton balls in the ears provide the same protection as disposable earplugs.
   a. True b. False

6. Among hearing protection devices, earmuffs provide
   a. The lowest level of protection
   b. The highest level of protection
   c. Protection equal to canal caps

7. Canal caps are:
   a. Soft flexible pads on a headband that cover and seal the ear canal entrance
   b. Another name for earmuffs
   c. Disconnected stereo headsets

8. You shouldn’t use earmuffs or canal caps that are:
   a. Uncomfortable
   b. Loose, cracked, or don’t seal well
   c. Both a and b

9. You should report signs of possible hearing loss such as:
   a. Wax in the ears
   b. Difficulty understanding rock song lyrics
   c. Noise or ringing in the ears

10. Hearing protection devices should also be worn off the job with noisy power tools, lawn mowers, snowmobiles, etc.
    a. True b. False