Counseling Services

Student Affairs Administrative Unit Assessment FY 18 (July 2017-July 2018)

Department and Assessment Report Information

Prepared on:7/23/2018 12:19:25 PM	By:predita.howard@mga.edu
For which department or area are you reporting?	Counseling Services
What is the name and MGA email address of the person responsible for this report?	Predita Howard predita.howard@mga.edu

Departmental Mission and Goals

The mission and goals of the department should be consistent over a 5 year period, although some institutional changes may necessitate and prompt a change in mission or goals for specific departments. In this section, you will report the mission statement for your department as well as the long term goals (5 year range) for the department.

What is the mission statement for this	The mission of the Office of Counseling is to provide	
department/area? Your mission should	professional confidential support to students by	
explain why the department/area exists and	addressing personal crisis situations and offering	
who it serves.	remedies and/or referrals.	

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What are the goals for this department?	1. To provide MGA students non-academic support		
These should be the "big things" the	to address psychological symptoms.		
department/area intends to accomplish	2. To provide MGA students with the resources for		
within 5 years.	off or on campus referrals.		
	3. To provide MGA students the ability to identify positive traits to make ethical, healthy choices.		

Objectives

Each year, every department should identify objectives the department hopes to accomplish in the next year. These should align with departmental goals and the MGA strategic plan. In the next section you will be reporting on the objectives you set and whether or not you achieved them in FY 18. Later in the document you will report on objectives you hope to accomplish in the coming fiscal year, FY19.

Objective 1: What was this department's first objective for this fiscal year? Objectives should be specific, measurable, and achievable within one year.	Counseling Services will provide "How and When to Refer Student to Counseling Services" workshops for faculty and staff to increase knowledge about the resources of Counseling Services, what can and should be referred, and the best ways to refer students.	
Objective 1: How did your department measure this objective? (Survey, budget number, number of participants, jobs completed, measurable time and/or effort)	Survey faculty and staff participants	
Objective 1: What was your target outcome for this objective? (1.e. 80% participation, 5% enrollment growth, 7% change in engagement)	Five (5) workshops will be offered during FY 18.	
Objective 1: At what level did the department/area achieve on this objective? (This should be a number, i.e. 82%, 6%, 345 attendees, 75% engagement)	Only two (2) workshops were offered during FY 18.	
Objective 1: Did your department meet this objective?	The department did not meet this objective.	
Objective 1: What did your department learn from working toward this objective? What changes will you make based on this effort next year?	Coordinating the counseling staff's schedules and availability at times that are convenient with faculty/staff is difficult. Will continue to develop resources to be added online via web page for greater convenience for all involved.	

Objective 2: What was this department's second objective for this fiscal year? Objectives should be specific, measurable, and achievable within one year.	Counseling Services will evaluate the effectiveness of the online appointment scheduling program in providing students more effective and timely access to services.	
Objective 2: How did your department measure this objective? (Survey, budget number, number of participants, jobs completed, measurable time and/or effort)	At intake students were asked and their answers documented.	
Objective 2: What was your target outcome for this objective? (1.e. 80% participation, 5% enrollment growth, 7% change in engagement)	50% of students will indicate use of online appointment scheduling program was effective and timely access to services.	
Objective 2: At what level did the department/area achieve on this objective? (This should be a number, i.e. 82%, 6%, 345 attendees, 75% engagement)	85% agreed the system was beneficial.	
Objective 2: Did your department meet this objective?	The department exceeded this objective.	
Objective 2: What did your department learn from working toward this objective? What changes will you make based on this effort next year?	Students felt they could easily access our services through online scheduling.	

Objective 3: What was this department's third objective for this fiscal year? Objectives should be specific, measurable, and achievable within one year.	Students who receive counseling services will indicate whether or not they feel counseling was beneficial in resolving their presenting problem.		
Objective 3: How did your department measure this objective? (Survey, budget number, number of participants, jobs completed, measurable time and/or effort)	Survey at the end of third session		
Objective 3: What was your target outcome for this objective? (1.e. 80% participation, 5% enrollment growth, 7% change in engagement)	80% of students will indicate Counseling Services was beneficial in resolving their presenting problem.		
Objective 3: At what level did the department/area achieve on this objective? (This should be a number, i.e. 82%, 6%, 345 attendees, 75% engagement)	40% of responding students indicated services were beneficial after 3 sessions.		
Objective 3: Did your department meet this objective?	The department did not meet this objective.		
Objective 3: What did your department learn from working toward this objective? What changes will you make based on this effort next year?	Need a more uniform systems to collect data. Will develop a survey to capture and track information from students utilizing services.		

Objective 4: What was this department's fourth objective for this fiscal year? Objectives should be specific, measurable, and achievable within one year.	N/A
Objective 4: How did your department measure this objective? (Survey, budget number, number of participants, jobs completed, measurable time and/or effort)	N/A
Objective 4: What was your target outcome for this objective? (1.e. 80% participation, 5% enrollment growth, 7% change in engagement)	N/A
Objective 4: At what level did the department/area achieve on this objective? (This should be a number, i.e. 82%, 6%, 345 attendees, 75% engagement)	N/A
Objective 4: Did your department meet this objective?	The department did not meet this objective.
Objective 4: What did your department learn from working toward this objective? What changes will you make based on this effort next year?	N/A

Future Plans

Please identify at least four measurable objectives for the next fiscal year. In listing the objectives, please use the format shown in these examples.1) The Department of X will improve services levels by 5% as measured by our satisfaction survey. 2) The department to X will provide training in ABC for at least 73 MGA faculty and staff.

- 1. Counseling Services will create 7 on-campus opportunities to provide education materials and to promote awareness of mental-being.
- 2. Counseling Services will schedule 10 individual department meetings to provide faculty/staff knowledge about counseling resources, what can and should be referred and best practices in how to refer students to services.
- 3. Counseling Services will create a "Counselor's Corner" section of their web page with four articles on wellbeing and will submit the links to these articles to InsideMGA (faculty/staff) and the Knightly News (students).

Based on this assessment, please share your thoughts on the current status and future direction of this department or area.

Counseling Services continues to be fully utilized by a growing student population. Continued awareness and resources need to be directed to the growth of this department. Increasing awareness of counseling services in turn increases the demand for individual sessions by students and additional requests by faculty for classroom presentations.

Form run:

Monday, April 1, 2019