



Middle Georgia State University Recreation and Wellness Center

***Membership Application**

Print this form and form and take it to the Bursar's Office with Payment

Personal Information: Previous Members complete this section only if your information has changed.

First Name: _____ Last Name: _____

Birthdate: _____ SSN (Last 4 Digits): _____

Address _____ Apt.# _____ City _____ State _____ Zip Code _____

Phone Number _____ Email Address _____

Emergency Contact (*Required*) _____ Relationship _____ Phone Number _____

Membership Declaration: Required

Memberships will not be refunded. Your signature below acknowledges that you agree to abide by all MGA policies. Middle Georgia State University reserves the right to deny or cancel memberships as a result of policy violations and/or exhibition of abusive behavior.

Signature _____ Date: _____

Payment Details: To be completed by MGA Staff

Payment Method:

- Cash
- Credit Card
- Check (# _____)
- Payroll Deduction

Payment Amount: _____

Membership Duration: _____

Date: _____

Date Entered: _____

Employee Initials: _____

Notes: _____

*Macon: Dependents must be 18 years of age or older to be eligible for membership.

Refunds:

Memberships will not be refunded except in an unusual, unforeseen circumstance. Each requested refund will be judged on a case by case basis.



APPENDIX C

MIDDLE GEORGIA STATE UNIVERSITY

WELLNESS CENTER

Release, Waiver of Liability and Covenant Not to Sue

The undersigned hereby acknowledges that participation in physical activities such as offered through Middle Georgia State University's Wellness Center involves a risk of bodily harm and injury and assumes all risks. Furthermore, the undersigned acknowledges and assumes the same risks and responsibilities of their minor dependents listed below. The undersigned hereby agrees that for the consideration of Middle Georgia State University and its Wellness Center allowing the undersigned and their listed minor dependents to voluntarily participate in physical activities and, in conjunction therewith, the use of the facility, equipment, programs, grounds, and personnel of the institution, the undersigned participant and their minor dependents do hereby waive liability, release and forever discharge the Institution and the Board of Regents of the University System of Georgia, its members individually, and its officers, agents and employees of and from any and all claims, demands, rights and causes of activity of whatever kind or nature, arising out of all known and unknown, foreseeable and unforeseeable bodily and personal injuries, damage to property, and the consequences thereof; including death, resulting from voluntary participation in or in any way connected with such Wellness Center programs.

I further agree covenant and agree that for the consideration stated above I will not sue the Institution, the Board of Regents of the University System of Georgia, its members individually, its officers, agents, or employees for any claim for damages arising or growth out of my voluntary participation in Wellness Center activities.

I understand that the acceptance of this release, waiver of liability and covenant not to sue, the Institution or the Board of Regents of the University System of Georgia or employee thereof, shall not constitute a waiver, in whole or in part, of sovereign of official immunity by said Board, its members, officers, agents, and employees.

Further, I understand that this release, waiver of liability and covenant not to sue shall be effective during the entire period of my enrollment or employment at the institution. I have received a copy of this document and I certify that I am of legal age and am suffering under no legal disabilities and that I have read the above carefully before signing.

Printed Member Name	Witness Signature
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Member Signature	Date
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Middle Georgia State University Wellness Centers
Policies and Procedures
January 1, 2017

ADVISORY BOARD

The advisory board will oversee, evaluate, and make recommendations concerning the policies and functions of the Wellness Center. Board members will consist of:

Associate Director of Athletics and Recreation
Wellness Center and Intramurals Coordinator, Macon
Intramurals Coordinator, Cochran
Wellness Coordinator, Macon

CONTACT INFORMATION

Cochran Wellness Center: 478-934-3478
Macon Wellness Center: 478-471-3624

MISSION STATEMENT

The mission of the Wellness Center is to provide a safe environment for fitness, recreational and educational activities. The Wellness Center complex includes the buildings, grounds and immediate parking lots.

GOALS

1. To provide an academic environment in the areas of health and wellness by means of academic courses, lectures and seminars.
2. To provide a safe facility with properly maintained equipment and a variety of fitness activities focused on increasing and maintaining the user's health and wellness.

MEMBERSHIP

MGA Student: Students currently enrolled in any number of credit hour courses. This does not apply to students taking courses that do not offer college credit.

MGA Employee/Retiree:

Full or part-time "benefited" faculty and staff employed by MGA and retirees.
Cochran: Includes spouses and legal dependents age 10 or older (as listed on income tax returns). Macon: Must be 18 or older for use in Macon facility.

Community, Individual and Family:

Cochran: Any individual 18 years of age or older. Spouses and legal dependents age 10 or older (as listed on income tax returns). Macon: 18 years and older.



FEE PAYMENT Non-refundable fees must be paid in full prior to access and use of facility. All fees are to be paid to the MGA Bursars office: in Grace Hall second floor, 1100 Second Street SE Cochran, GA 31014 (478-934-3026) or Bursars office in the Student Life Center in Macon. Payment may be made by credit card, check or cash.

**Macon Campus- If paying with a credit card, payments may also be made at the Macon Campus Wellness Center.

COMMUNITY MEMBERSHIP RENEWAL: Community members may renew current membership by paying applicable fees at the MGA Business Office before membership lapses. It is the responsibility of the member to report in writing any changes demographic or personal data (including contact in case of emergency) to the Wellness Center front desk. Lapsed membership must be renewed by completion of the Application Process listed below with the exception of the orientation.

APPLICATION

PROCESS

_____ To become a member, individuals must do the following:_____ a)

Complete application form found at MGA website www.mga.edu/wellness.

b) Go to Bursars office and pay (Macon- Student Life Center) (Cochran- Grace Hall)

c) Go to Police department to get ID and parking decal

d) Sign Release, Waiver of Liability, Assumption of Risk Form available online, and Covenant Not to Sue Form.

ACCESS NO ID, NO ENTRY!!!! Valid MGA ID or Wellness Center Membership card is required for entry into the facility.

NON-MEMBER OR GROUP USE ALL non-member or group use of the facility must be contracted through the Middle Georgia State Facilities Use Coordinator.

GUEST POLICY Guests are not allowed in the facility. Access is by membership only.

HOURS OF OPERATION The MGA Wellness Center will be open seven days a week during posted hours. In general, the Wellness Center will follow the academic calendar of the college and will be closed during some semester breaks and holidays when the college is closed. The schedule of hours of operation will be posted on the MGA website each semester. Visit www.mga.edu/wellness for current hours.

USER CONDUCT

Use of the facility is a privilege; not a right. User misconduct may result in temporary or permanent revocation of this privilege. MGA and its Wellness Center staff retain the right to determine inappropriate behavior and to act in resolving said behavior including, but not limited to, terminating membership of the user.

All authorized members have the right to be safe and secure while using the facility. All members are



expected to share the areas and equipment within the facility and respect the rights of others in order for all members to enjoy the same privileges.

GENERAL RULES

1. Proper hygiene and etiquette should be practiced at all times.
2. Appropriate “athletic” apparel and tennis shoes must be worn during use of the facility. Shorts/pants must be worn at waist level. Wellness Center staff reserves the right to determine “appropriate” apparel. **NO tanks and NO denim!!!!**
3. No smoking is allowed on campus.
4. The following are strictly prohibited:
 - a) Alcoholic beverages or drugs in any form
 - b) Tobacco products in any form
 - c) Weapons of any kind
 - d) Food in any form or drinks (except clear bottled water)
 - e) Roller skates, roller blades, bicycles, strollers and skateboards
 - f) Book bags, backpacks, gym bags, purses or other personal items (unless stored in locker and cubbies)
 - g) Radios, CD players, etc. without headphones. Keep your music to yourself.
 - h) Harassment of any kind, including, but not limited to sexual, verbal, or physical innuendos
 - i) Offensive language or conduct
 - j) Pets
5. Equipment may not be moved from one area to another.
6. Personal athletic equipment such as footballs, basketballs, hacky sacks, etc. is not allowed
7. Tampering with the TVs in any way is strictly prohibited! The TVs are pre-set and are not to be changed by anyone other than Wellness Center staff.
8. Loitering is prohibited. All persons in the facility must be engaged in fitness, recreational, or academic activities.

EQUIPMENT CHECKOUT

Basketballs, tennis rackets/balls, footballs, soccer balls, volley balls and baseball gloves may be checked out at the front desk. There is no additional charge for the use of this equipment; however, members are financially responsible for excessive damage to or loss of this equipment. This does not include expected normal wear and tear.

PARKING

Ample parking is available around the facility. All vehicles must be parked in parking spaces and not on the grass, sidewalks, pedestrian crossing, or loading access areas. Do not back in or pull through a spot. All members must obtain a parking pass from MGA Police Station on campus. This can be obtained when you pick up your ID and will be valid for the length of your membership. All passes must be updated upon renewal of membership.

ACCIDENT/INJURY



Participation in physical activity increases the risk of injury. If an accident or injury should occur, it should be reported to the front desk. The Wellness Center will not be responsible for transporting members; however, MGA students may request a police transport in accordance with established student policies. The Wellness Center staff will request ambulance services if in their judgement it is needed or if requested by the user. MGA assumes no liability, financial or otherwise, for any medical or other services required on the care or transportation of injured members.

MEDICAL INSURANCE

The Wellness Center does not maintain medical insurance for accidents, or injuries sustained by authorized members. Although minor, there is a risk of injury and accidents associated with participation in the physical activities offered by the Wellness Center. MGA strongly encourages authorized members to obtain and maintain a comprehensive medical insurance plan in the event of accidents or injuries.

LOCKER ROOMS

Locker rooms with shower and bathroom facilities are located on the ground floor next to the gymnasium floor. Free lockers are available and must be used for storage of personal items including gym bags, book bags, etc. during use of the facility. Small personal items such as keys, wallets, etc., may be carried on person. Free locks are available for check out at the front desk in Cochran. Macon lockers require your own lock and must be removed daily. No camera or video use allowed in locker rooms.

CLOSURES

The facility is subject to closure to the members as a whole or in sections for events such as Orientation, Presidential Events, Graduation, or any other event as set forth by University.