

**Spring 2019**  
**Recreation and Wellness**  
**Events/Trips/Intramurals**

<u><b>Date(s)</b></u>	<u><b>Event</b></u>	<u><b>Time</b></u>	<u><b>Location</b></u>
1/9/2019	Blood Pressure Screenings	11:00am-2:00pm	SLC Lobby
1/14/2019	Basketball Registration Begins	All Day	Wellness Center
1/30/2019	Basketball Registration Closes	All Day	Wellness Center
1/30/2019	GNC Booth	11:00am-2:00pm	SLC Lobby
2/4/2019	Basketball Season Begins	All Day	Wellness Center
2/10/2019	Soccer Registration Begins	All Day	Wellness Center
2/20/2019	Pull-Up Competition	11:30am-2:00pm	SLC Lobby
2/28/2019	Macon Mayhem Hockey Game	7:00pm	Macon Centreplex
3/8/2019	Day Hike @ High Falls	8:00am	High Falls State Park
3/13/2019	Basketball Skills Challenge	6:00pm	Wellness Center
3/13/2019	Basketball Championship	6:30pm	Wellness Center
3/27/2019	Soccer Registration Ends	All Day	Wellness Center
4/1/2019	Soccer League Begins	All Day	Intramural Fields
4/1/2019	Weight Loss Challenge Begins	ALL DAY	Wellness Center
4/10/2019	NBA 2K Tournament	All Day	Wellness Center
4/15-4/17	Weightlifting Competition	TBD	Wellness Center
4/25/2019	Sand Volleyball Tournament	All Day	Sand Volleyball Court behind old Volleyball Gym
4/30/2019	Weight-Loss Challenge **Final Weigh-Ins**	ALL DAY	Wellness Center

**\*\*Please be sure to ask the front desk employees for more information\*\***