The University System of Georgia has launched a program to expand mental health resources. With so many changes in the world and factors that can compromise your health and wellness, MGA wants to make sure that students have the support they need.

BeWell@MGA gives students 24/7 access to counselors and mental health resources to help them cope - from minor issues to major concerns.

BeWell Mental Health Support Line
Phone: 833-910-3362

Call the 24/7 Support Line for:
- In-the-moment support for mental health issues
- Connections to next steps
- No-cost telehealth and in-person treatment sessions, provided by a network of licensed clinicians

Other BeWell Services
- The BeWell Wellness Hub, including an app and online wellness magazine with educational content, self-help tools, and resource links

Additional BeWell services are offered through the MGA Counseling Center - call 478-471-2985 or 478-934-3080 or email counseling@mga.edu for:
- Virtual psychiatric clinics to offer assessment and medication management
- A self-directed icBT (Internet-based Cognitive Behavioral Therapy) program, designed for students
- Personal Student Navigators to assist with referral coordination and support
Guardian enhances safety on campus through a virtual safety network of friends, family, and campus safety and promotes our "If you see something, say something" policy.

**Panic Button:** Direct immediate connection to campus safety with GPS location and personal profile information.

**Tip Texting:** Enables anonymous crime tip reporting and 2-way communication via SMS or mobile app

**Personal Guardians:** Students can identify friends, roommates, and family as 'Guardians' along with Campus Safety. Students can set a Rave Guardian Timer. During a Timer session Guardians and Campus Safety can check status of student. If the Rave Guardian timer is not deactivated before it expires, campus safety is automatically provided with the user's Rave Guardian profile to proactively identify and check-in on the individual.

Whenever students, faculty, or staff connect with campus safety from their mobile phone, the Rave Guardian Campus Safety App automatically delivers a complete caller profile – including current location, medical conditions, course schedule, addresses, campus ID photo and other critical data.

How Rave Guardian Campus Safety App Works
Rave Guardian is a Campus Safety Mobile App backed by a hosted, Software-as-a-Service platform. Rave Guardian profile data is stored privately and securely within Rave’s redundant and geographically diverse databases. Guardian profile data is provided by the members of your community through Rave's secure web-portal.

User-provided data can be further augmented by loading data from your school's SIS system. With Rave Guardian, your community is always in control – profiles are shared only when a member of your community calls public safety, or allows a previously set Rave Guardian timer to expire.

Search for the "Rave Guardian" in the **Apple App Store** for iPhones or **Google Play Store** for Android phones.

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**MGA Police Direct Office Contact**

Macon Campus Campus Support Services
100 University Parkway
Macon, GA 31206
Phone: 478.471.2414

Cochran Campus
Alderman Hall
1100 Second Street, S.E.
Cochran, GA 31014
Phone: 478.934.3002

Warner Robins Campus
Academic Services Building
100 University Boulevard
Warner Robins, GA 31093
Phone: 478.929.6750

Eastman Campus
71 Airport Road
Eastman, GA 31023
Phone: 478.374.6403

Dublin Campus
1900 Bellevue Road
Dublin, GA 31021
Phone: 478.274.7751

**MGA Student Affairs**

Macon - Student Life Center - 2nd Floor
Phone: 478.757.7383
Fax: 478.757.2626

**MGA Human Resources – Employees**

humanresources@mga.edu

Macon Campus
Jones Building Suite 230
100 University Parkway
Macon, GA 31206
Phone: 478.471.2010
Fax: 478.471.5383

Cochran Campus
Sanford Hall Suite 114
1100 Second Street, S.E.
Cochran, GA 31014
Phone: 478.934.3082
SUPPORT SERVICES & RESOURCES

University System of Georgia – Employees
Employee Assistance Program
https://www.usg.edu/hr/benefits/2020_benefits/eap

COMMUNITY RESOURCES

Area Hospitals
Macon-Bibb
Medical Center Navicent Health
777 Hemlock Street
Macon, GA 31201
Phone: 478.633.1000

Warner Robins
Houston Medical Center
1601 Watson Boulevard
Warner Robins, GA 31093
Phone: 478.922.4281

Perry Hospital
1120 Morningside Drive
Perry, GA 31069
Phone: 478.987.3600

Cochran
Bleckley Memorial Hospital
145 Peacock Street
Cochran, GA 31014
Phone: 478.934.6211

Dublin
Fairview Park Hospital
200 Industrial Boulevard
Dublin, GA 31021
Phone: 478.275.2000

Eastman
Dodge County Hospital
901 Griffin Ave
Eastman, GA 31023
Phone: (478) 448-4000

Crisis Line & Safe House
Domestic Violence Safety, Advocacy, & Education
Macon/Bibb/Houston Counties
Phone: 478.745-9292
24 Hour Crisis Hotline
Fax: 478.745-6820

WINGS
Domestic Violence Safety, Advocacy, & Education;
Serving the following counties in Georgia: Bleckley, Dodge, Johnson, Laurens, Telfair, Wilcox, Wilkinson
Help Line: 478-272-8000
Shelter: 478-272-2129
Administration: 478-272-5880
Mailing Address: PO Box 8277, Dublin, GA 31040

Georgia Network to End Sexual Assault
http://www.gnesa.org
Information on Sexual Assault Centers
http://gnesa.org/page/rape-crisis-centers-georgia
Contact Email: info@gnesa.org
State or Territory Served: Georgia

National Center for Injury Prevention and Control
http://www.cdc.gov/ncipc
Description
The National Center for Injury Prevention and Control (NCIPC) guides national efforts to reduce the incidence, severity and adverse outcomes of intentional and unintentional injury in the United States. As the lead federal agency for injury prevention, NCIPC works closely with other federal agencies and national, state and local organizations to reduce injury, disability, and premature death caused by motor-vehicle crashes, fires, drownings, poisonings, homicides and suicides, intimate partner violence, sexual violence, child maltreatment and other violent acts and preventable injuries.

Our House
http://ourhousega.org
Contact Email: hello@ourhousega.org
Description
Our programs are designed to enrich the lives of children and families experiencing homelessness with the knowledge, skills and resources needed to break the
cycles of homelessness and poverty. Our programs are designed to enrich the lives of children and families experiencing homelessness with the knowledge, skills and resources needed to break the cycles of homelessness and poverty.

**Programs include:** housing services; family services; early childhood education; employment training

**Raksha**
https://www.raksha.org
Contact Email: raksha@raksha.org
Raksha, meaning protection in several South Asian languages, is a Georgia-based nonprofit organization for the South Asian Community. Raksha’s general direct services include crisis intervention, information and referrals, interpretation and translation, legal and general advocacy, individual and family counseling with children and adults encompassing a variety of issues facing the South Asian community. In addition to these services, we participated in a variety of community building and economic empowerment initiatives.

**Rape, Abuse & Incest National Network (RAINN)**
http://www.rainn.org/
Rape, Abuse & Incest National Network (RAINN) operates a 24-hour hotline for victims of sexual assault. Callers are routed automatically to the closest member rape crisis center for counseling. More than 890 centers participate in the network.
800-656-4673
State or Territory Served: Georgia